

# Travelling to Backwell School



## **School Travel Plan**

Backwell School has a School Travel Plan and is committed to improving sustainable travel as follows:

- To encourage walking and cycling
- To reduce car use
- To ease congestion

Currently 43% of students travel to school on coaches provided by the local authority. 30% already walk and cycle to school. We would like to improve this figure and reduce the amount of car usage.

As part of the school travel plan we aim to make the arrival and departure from school safer for all and encourage more sustainable forms of transport.

More than four million families drive children to and from school every day in term time and, on average, it costs just over £400 a year per family.

### **Planned Future Development**

School cycle path connecting to the National Cycle Network and providing a cycle route from Backwell Common Road to A370 for all walkers and cyclists.

## **Park and Stride Scheme**

If you bring your children to school by car, why not drop them off at one of our designated car drop-off points. They are under a mile from the school and allow you to turn your car round. Use the same car park in the afternoon to pick up your children.



Travelling from the west -

The Rising Sun

Travelling from the east -

The George Inn

Travelling from the south -

The George Inn

Share a lift with other parents to cut congestion even more.

So save time, petrol, reduce congestion, improve road safety and give your children some extra exercise.

The co-operation of the owners of the car parks is greatly appreciated.

*“Don’t get stuck in a car park queue - get your kids to walk to you”.*

## Bus

Timetables and information are available from the



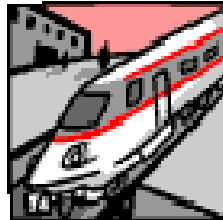
internet [www.firstgroup.com](http://www.firstgroup.com) First Bus on 0871 200 22 33. You can purchase a bus card from the School office which gives free travel on all First Bus buses. Bus cards are available for 7 days at £15.80 or 1 month at £60.00. You will also need to purchase a photo ID card, (£10 for over 16s free for under 16s).

## New Local Bus Service

A new local bus service has been introduced by North Somerset Coaches linking Backwell and Nailsea which stops at Backwell School. For detailed timetables please contact North Somerset Coaches on [www.northsomersetcoaches.co.uk](http://www.northsomersetcoaches.co.uk) or telephone on 01275 859123.

## Train

General enquiries including train times can be made at [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or telephone 08457484950.



Backwell School is just over half a mile from Nailsea and Backwell Station. From there it's 5 minutes by train to Yatton, 8 minutes to Parson Street, Bristol and 15 minutes to Temple Meads, Bristol.

## **Coaches provided by the Local Authority**



The Local Authority provides coach transport for students (Years 7 – 11) living within the Backwell School catchment area and over 3 miles from school.

A late coach to Cleeve, Claverham, Yatton & Kingston Seymour is provided by the school on Monday and Wednesday evenings at 5pm for anyone participating in after school activities. A coach pass needs to be obtained from reception.

## **Bristol to Backwell Coach**

A group of parents have set up a coach travelling from Bristol to Backwell every day (stopping at Bedminster Down, Highridge, Headley Park, Uplands and Long Ashton). This coach is funded entirely by the parents. For more information please contact Gary Churches on 0117 9782955.

## **Cycling**

The school has a new cycle shelter at the front of the school where students can lock up their bikes. Lockers are available for students who want to lock away any cycle equipment such as helmets.



## **Safety**

Fluorescent waistcoats are available from school for walkers and cyclists. Please see Marie Davis in the School Office.

## **Travel Facts and Figures**

*Walking consumes more calories than travelling by car with important implications for health.*

(Mackett, Lucas, Paskins, Turbin , 2004.  
The therapeutic value of children's everyday travel.)

*A Hertfordshire study showed walking to school each day uses more calories than two hours of PE a week.*  
(Mackett, 2004. Making Children Healthier Through Walking. A presentation made to a pro bike/walk conference in Canada.)

*In 2003 18% of traffic at peak time was accounted for by the 'school run'.*  
(Sustrans Information sheet, Facts and Figures to support school travel initiatives.)

*Not only is physical activity crucial to children's health but it also directly benefits academic performance.*  
(House of Commons Select Committee on Health, Report on Obesity, 2004)

For a full copy of the school travel plan  
or for further information please contact  
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